






# Coronavirus (COVID-19) absence

## A quick guide for parents/carers

Self-isolation\* is helping to stop the spread of coronavirus. Thank you for following this advice and playing your part.

What to do if...	Action needed	Back to school...
 <p>... my child has <b>Coronavirus (COVID-19) symptoms**</b></p>	<ul style="list-style-type: none"> <li>✓ Child must not go to school</li> <li>✓ Child must get a test</li> <li>✓ Everyone who lives in the house must self-isolate* until you get the test result</li> <li>✓ Tell the school immediately about test result</li> </ul>	<p>... If child's test is negative and when they have been symptom free for 48 hours</p>
 <p>... my child <b>tests positive for Coronavirus (COVID-19)</b></p>	<ul style="list-style-type: none"> <li>✓ Child must not go to school</li> <li>✓ Child must self-isolate* for at least 10 days from when symptoms** started (or from day of test if no symptoms)</li> <li>✓ Tell the school immediately about test result</li> <li>✓ Whole household must self-isolate* for 14 days from start of symptoms (or from day of test if no symptoms) – even if someone tests negative during those 14 days</li> </ul>	<p>... when child feels better and has not had a fever for at least 48 hours</p> <p>They can return to school after 10 days even if they have a cough or loss of smell/taste. These symptoms can last for several weeks once the infection is gone</p>
 <p>... my child is sent <b>home because they are in a bubble that the school has closed</b></p>	<ul style="list-style-type: none"> <li>✓ Child must not go to school</li> <li>✓ Child must self-isolate* for 14 days - even if they test negative during those 14 days</li> <li>✓ Everyone else who lives in the house does not need to isolate, unless they have been identified as a close contact of someone with a positive result</li> </ul>	<p>... when the school says it is OK for them to return, usually when the child has completed 14 days of self-isolation, even if they test negative during those 14 days</p>
 <p>... a person who I live with has <b>Coronavirus (COVID-19) symptoms*</b></p>	<ul style="list-style-type: none"> <li>✓ Child / children must not attend school</li> <li>✓ The person with symptoms must get a test</li> <li>✓ Everyone who lives in the house must self-isolate* until they get their result</li> <li>✓ Tell the school immediately about test result</li> </ul>	<p>... if the person's test is negative and if the child does not have any symptoms**</p>
 <p>... a person who I live with has <b>tested positive for Coronavirus (COVID-19)</b></p>	<ul style="list-style-type: none"> <li>✓ Child must not go to school</li> <li>✓ Everyone in the house must self-isolate* for 14 days from start of symptoms** (or from day of test if no symptoms) even if somebody tests negative during those 14 days</li> </ul>	<p>... when child has completed 14 days of isolation, even if they test negative during those 14 days</p>





\*When a person is self-isolating they must not leave the house for any reason (unless they are going for a Coronavirus test) and must not have visitors in their home.

If you need any advice or support, including help with shopping, you can call the Council's Coronavirus (COVID-19) helpline on 0114 27 34567.

For urgent medical advice call 111.

\*\*Symptoms include at least one of the following:

a high temperature, a new continuous cough, a loss or change in taste/smell.

What to do if...	Action needed	Back to school
 <p>... NHS Test and Trace has identified my child as a <b>close contact</b> of someone with symptoms** of Coronavirus (COVID-19)</p> <p>OR</p> <p>... your child has been in <b>close contact</b> with someone who has tested positive for coronavirus</p> <p>Examples of <b>close contact</b> include:</p> <ul style="list-style-type: none"> <li>• close face-to-face contact (under 1 metre) for any length of time – including talking to them or coughing on them</li> <li>• being within 1 to 2 metres of each other for more than 15 minutes – including travelling in a car</li> <li>• spending lots of time together in your/their home</li> </ul>	<ul style="list-style-type: none"> <li>✔ Child must not go to school</li> <li>✔ Child must self-isolate* for 14 days - even if they test negative during those 14 days</li> <li>✔ Everyone else who lives in the house does not need to isolate, unless they have also been identified as a close contact of someone with a positive result</li> </ul>	<p>... when the child has completed 14 days of self-isolation, even if they test negative during those 14 days</p>
 <p>... we/my child has travelled to another country and has to self-isolate* as part of a period of quarantine</p>	<p><b>Returning from a country where quarantine is needed:</b></p> <ul style="list-style-type: none"> <li>✔ Child must not go to school</li> <li>✔ Everyone who lives in the house must self-isolate* for 14 days - even if they test negative during those 14 days</li> </ul> <p><b>To support your child's education:</b></p> <ul style="list-style-type: none"> <li>✔ Do not take unauthorised leave in school term time</li> <li>✔ Consider quarantine requirements and official advice when booking travel</li> <li>✔ Provide information to school as per attendance policy</li> </ul>	<p>... when the quarantine period of 14 days has been completed for the child, even if they test negative during those 14 days</p>
 <p>... we have received advice from a medical/official source that my child must resume shielding</p>	<ul style="list-style-type: none"> <li>✔ Child must not go to school</li> <li>✔ Contact school as advised by attendance officer/pastoral team</li> <li>✔ Child must shield until you are told that restrictions are lifted and shielding is paused again</li> </ul>	<p>... when school/other agencies tell you that restrictions have been lifted and your child can go back to school again</p>
 <p>... I am not sure who should get a test for Coronavirus (COVID-19)</p>	<ul style="list-style-type: none"> <li>✔ Only people with symptoms** should get a test</li> <li>✔ People without symptoms are not advised to get a test, even if they are a 'close contact' of someone who tests positive</li> </ul>	<p>... when conditions above, as matching your situation, are met</p>

For more information and advice please visit [www.sheffield.gov.uk/BackToSchoolSafely](http://www.sheffield.gov.uk/BackToSchoolSafely)  
 To book a test call 119 or visit [nhs.uk/coronavirus](http://nhs.uk/coronavirus)

*Adapted from a document produced by Greater Manchester*